



Cheer Program

# Program Overview

- Time Commitment & Mandatory Events
- Financial Commitment
- Academic Expectations
- Behavior Expectations
- Tryout Process
- Uniform Fittings
- Competition Team
- Parent Support



# Time Commitment

- Year long – 11 months from May to February/March
  - Practices begin in June (2-3 days + games)
  - Cheer Camp in July 16-19<sup>th</sup> @ Sonoma State University
  - Time off built into schedule (July, Nov. & Dec)
  - Football & Basketball season
- Mandatory Events
  - Community Services / Promotion
    - Genetech Cycle/Run event
    - Laying of the Wreaths – Dec
- Dual Sports
  - Winter – NO (Volleyball, Cross Country, Basketball)
  - Spring - YES (Softball, Swimming, Badminton)
  - All Star Cheer – NO

# Financial Commitment

- New Uniform
  - New Cheerleader - \$1200-1400
  - Returning Cheerleader \$600-800
  - Required & Optional Items
  - Suggested Donation
  - Camp - \$485
  - Fundraisers – in the planning stages
    - Bingo, Chocolates, etc.
  - Deposit – \$500, due upon selection
- Parent Gear
  - Ordered with participant gear
- Competition Team (if selected – paid by participant)
  - Entry fees approximately \$40 per comp
  - Travel costs – Nationals is in Las Vegas! (Feb)



# Academic Expectations

- Maintain GPA – 2.0+ to remain eligible
  - June report card determines eligibility for season.
- Maintain 85% attendance
  - Below 85% rule – you become ineligible
- Participation in school clubs
  - ASB, Link Crew, VECBS, etc
  - We are flexible, but Cheer should be the priority
  - Missing practices, absences can affect cheerleader performance readiness and inclusion





# Behavior Expectations

- Representatives of WCW & the Cheer program
- Demerit System
- Three Strikes
- Automatic Removal from team
  - Fighting
  - Illegal Activity – drinking/smoking
- Social Media – no explicit/crude postings
- No PDAs (Public Display of Affection) in uniform



# Paperwork

- Physical – Valid for one year from issuance.
- [Athleticclearance.com](http://Athleticclearance.com) (online registration)
- Cheer Application Google Form
- WCW Cheer Contract – if selected
- Behavior Contract – if selected
- Volunteer Driver Form – if selected

Driver's License and Insurance Info.

- DEPOSIT DUE - \$500.00 – if selected
- Uniform Fitting time slot given

# UNIFORM FITTINGS

- TO BE DETERMINED
- Done by appt. (about 30 mins per person)
- MUST HAVE A PARENT PRESENT!!!!
  - Orders must be approved by parent. Uniforms are custom and non-returnable. Parents responsible for replacing items that do not fit.



# TRYOUTS

- WED & THURS – MAY 26-27<sup>th</sup> 530-7pm
- Meadowlands Park – 6179 Vanden Road
- JOIN BAND GROUP -  
<https://band.us/n/aaae58z9d8UeH>
- Wear SCHOOL COLORS!!
- Hair pulled back
- Comfortable, not baggy clothes, with athletic shoes
- Will perform jump of choice and toe touch, dance, and a cheer. Can show tumbling skills as well.

# QUESTIONS?????

- Email Coach Kris at
- [wcwcheerdirector@gmail.com](mailto:wcwcheerdirector@gmail.com)